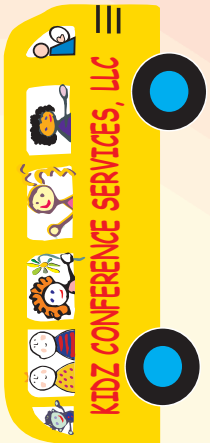


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### AN OPTIMISTIC APPROACH TO HELPING STUDENTS WITH CHALLENGING BEHAVIOR

*A workshop which addresses some of the obstacles to  
reducing challenging behaviors and includes evidenced-  
based interventions for children with these challenges,  
including sleep disturbances*

Presenter

**V. Mark Durand, Ph.D.**

**March 23, 2012**

**8:30 – 4:30**

Location:

**Long Island University  
CW Post Campus  
Humanities Hall  
720 Northern Blvd.,  
Brookville, N.Y.**



**300 Garden City Plaza, Suite 350  
Garden City, NY 11530**

**P:516-747-9030 F:516-747-1833**

**www.kidztherapy.com**

## COURSE DESCRIPTION

Challenging behaviors continue to top the list of concerns for families and teachers of persons with ASD. Although we have made impressive gains in helping reduce these problem behaviors, obstacles remain. This talk will cover new insights into these obstacles and how families and others can overcome them and effectively help persons with even the most severe behavioral challenges. Also described will be the special case of treating sleep problems. Evidenced-based approaches to replacing behavior problems will be discussed and the presenter will describe how advances in positive psychology can help caregivers be more effective in their efforts to help those with ASD and how to help themselves lead happier and less stressful lives.

## TARGET AUDIENCE

Those working with families with children with challenging behaviors – Parent Trainers, Special Educators, School Psychologists, Psychologists, Speech Pathologists, Social Workers, Other Professionals in the field of autism who work with families.

	<p>Kidz Conference Services, LLC is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.</p>
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This course is offered for .6 ASHA CEUs  
(Intermediate level, Professional area)

Kidz Therapy Services, PLLC is approved by  
National Association of School Psychologists to  
offer continuing education for school psychologists.  
This course is offered for 6 CE hours.

This program has been approved for 6 hours of continuing  
education under the auspices of the National Association  
of Social Workers New York State Continuing Education  
Recognition Program.

## LEARNER OBJECTIVES

After participating in this conference, the learner will be able to:

1. Identify the reasons why individuals engage in challenging behavior;
2. Identify the role of thoughts and beliefs in successful behavioral intervention;
3. List three non-medical techniques for improving sleep;
4. Identify how the consequences of thoughts and beliefs can impact challenging behavior;
5. List three techniques for creating more optimistic thinking when using behavioral interventions.

### AGENDA

- 8:30 Registration & Continental Breakfast
- 9:00 How do we explain why persons with ASD continue to engage in challenging behavior?  
How can the thoughts of others interfere with effective treatment?
- 10:30 Break
- 10:45 A description of a new approach to treatment that includes both behavioral interventions for challenging behavior and cognitive behavioral interventions for caregivers and educators.
- 12:00 Lunch
- 1:00 Continuation from morning session.
- 2:30 Break
- 2:45 The special case of sleep problems – understanding them and treating them. The role of optimism in caregivers. Implications for family stress, family-school partnerships, and treatment.
- 4:30 Dismissal

## BIOGRAPHICAL INFORMATION

**Dr. V. Mark Durand, Ph.D.** is Professor of Psychology at the University of South Florida St. Petersburg. Dr. Durand founded the Albany Center for Autism and Related Disabilities. He has administered more than \$4 million in federal grants. His published work includes numerous books and over 100 other research publications. One book – *Severe Behavior Problems* – is the product of 10 years of empirical research. He developed the treatment called Functional Communication Training and the Motivation Assessment Scale, a functional behavioral assessment instrument. He has authored several bestselling textbooks, including *Abnormal Psychology* and published the first book on sleep disorders for children with disabilities. Dr. Durand is on the Board of Professional Advisors for the Autism Society of America and the Board of the Association for Positive Behavior Support and is the co-editor of the *Journal of Positive Behavior Interventions*. His new book – *Optimistic Parenting: Hope and Help for You and Your Challenging Child* – is a Gold recipient of the Mom's Choice Award and is published by Paul H. Brookes Publishing.

**Registration contact:** Marian Karcher @ ext. 161 or [mkarcher@kidztherapy.com](mailto:mkarcher@kidztherapy.com)

**For special accommodations and information:** Dr. Margaret Laska @ 516 747-9030 ext. 134 or [mlaska@kidztherapy.com](mailto:mlaska@kidztherapy.com)

**Refund Policy:** A handling fee of \$25 will be deducted for *all* cancellations. Refund requests must be received by mail/e-mail *at least 14* days prior to the conference date. **No refunds will be issued after March 9, 2012**

### **Conference Location: Humanities Hall**

Enter CW Post campus on Northern Blvd., Brookville at the West Gate bearing right and proceeding on Post Lane. Humanities Hall is located behind the Kahn Discovery building which is the second building located on the left side of the road. Parking is available next door at Tilles Center.

## REGISTRATION

I plan to attend the **Dr. Durand** conference on **March 23, 2012**.



### WAYS TO REGISTER:

**Online:** [www.kidzconferences.com](http://www.kidzconferences.com) with credit card  
**By Fax** with credit card: 516 747-1833  
**By Phone** with credit card: 516 747-9030 x161  
**By Mail** with check/credit card: Kidz Conference Services, 300 Garden City Plaza Ste 350, Garden City, NY 11530

Print Information Clearly

\_\_\_\_\_  
Name

\_\_\_\_\_  
Street

\_\_\_\_\_  
City State Zip Code

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Phone # Profession

\_\_\_\_\_  
E-mail Address

### **Please check one:**

- Early Bird Registration by Jan. 27, 2012 — **\$180**
- Registration by March 9, 2012 — **\$195**
- Student Registration — **\$105**  
(copy of student ID/proof attached)
- Groups of 3 or more \$10 discount pp  
(send registration information together)

**Registration fee includes breakfast.**

*No purchase orders accepted.*

PAYMENT METHOD	Amount \$ _____
<input type="checkbox"/> Check enclosed payable to: <b>Kidz Conference Services</b>	
<input type="checkbox"/> Credit Card - Visa _____ MasterCard _____	
_____ Credit Card Number	_____ Expiration Date
_____ Name as it appears on card	
_____ Authorized Signature	

Registration required by **March 9, 2012**