



Anxiety Disorders in Children and Adolescents

May 12, 2021 @ 4:30-7:45 pm

Presenter: Frank Barrett, M.S. SPED, SAS

LOCATION: Presented via Zoom

Instructions for log-in will be sent 2 days prior to session.

Presented By:

Kidz Conference Services

1400 Old Country Road, Suite C103N, Westbury, NY 11590

CEU / CPD / CTLE Information:



**ASHA CE
APPROVED PROVIDER**

Kidz Conference Services

Intermediate Level
.3 ASHA CEUs

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Kidz Conference Services, LLC SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0147.

(3 contact hrs.)

Kidz Conference Services, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors MHC#-0118. (3 contact hrs.)

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Anxiety Disorders in Children and Adolescents

Target Audience: Teachers School Leaders
 Social Workers Speech/Language Pathologists
 Licensed Mental Health Counselors

Age Range of Students: PreK Elem MS HS

Course Level/Learning Methods: Intermediate; Lecture, group act.

Method of Presentation: Live-Virtual Online

Course Description

Anxiety disorders are one of the most common disorders seen among children and adolescents. Children with anxiety disorders are at higher risk to perform poorly in school and they miss out on important social experiences. This session will explain the differences between stress, anxiety, and fear. Information will be provided about different manifestations of anxiety, including selective mutism, separation anxiety, obsessive compulsive disorder, and generalized anxiety. Strategies that can be used in classroom and therapy sessions to address student's needs will be discussed.

The session will also discuss the impact of the COVID pandemic on children and strategies for dealing with related issues.

Learner Objectives - As a result of this activity, participant will be able to:

- identify the difference between fear and anxiety
- Identify 3 specific anxiety disorders
- Identify 3 strategies that can be used to address each of the identified anxiety disorders

Agenda

4:30 Introduction: Fear vs. Anxiety
 5:15 Discussion of Different Anxiety Disorders
 6:30 Break
 6:45 Strategies and Interventions
 7:15 Impact of Covid Pandemic on Children & Adolescents
 7:45 Session Ends

Course Requirements:

To receive Certificates of Attendance and CEUs, participants must: arrive on time, stay for the entire session and submit a completed Evaluation Form.

BIOGRAPHICAL INFORMATION

Frank Barrett, M.S. SPED, SAS has been in the field of special education for over 40 years. He has received accolades and awards as both an educator and administrator. In addition to presenting numerous workshops in school districts throughout Long Island, Mr. Barrett is currently serving as an adjunct professor at Nassau Community College and as a field supervisor for student teachers at Concordia College. Mr. Barrett is passionate about the field of special education and engages his audiences in an anecdotal, humanistic fashion.

DISCLOSURE INFORMATION: Financial – Mr. Barrett is receiving a speaker's fee for presenting these sessions.

Non-financial: There are no other non-financial disclosures.

REGISTRATION INFORMATION

Fee: \$65 Kidz/BB Staff: \$55

Register Online:

www.kidztherapy.com/conferences-and-training

If you have difficulty, email Tesa at:

KidzConferenceServices@FamilyOfKidz.com or call **516-806-6969 x 4181**. We are only in the office on a part-time basis; if you do not reach her, leave a message on her voicemail.

Refund Policy: All cancellations will be subject to a \$15 handling fee. Refund requests must be received by mail/e-mail no later than 10 days prior to the session, or the full amount will be charged.

Workshops cancelled due to inclement weather, under registration or other unforeseen circumstances will be rescheduled for another date or a full refund will be given. In the event of cancellation due to inclement weather, we will attempt to contact you. Notification of the cancellation will also be posted on our website.

Information & special accommodations;

Tesa @ **516-806-6969 x 4181** or email: kidzconferenceservices@familyofkidz.com

If you require a reasonable accommodation to attend, all such requests must be received no later than **4 weeks prior to the scheduled session date**.